Welcome to the Manitoba Rainbow Directory, an up-to-date, comprehensive LGBT2SQ+ directory of organizations, businesses, services and individuals in Manitoba. There is no cost to be listed in the directory, which is intended to facilitate outreach, fundraising and marketing within the Manitoba LGBT2SQ+ community. If you would like to be added to the directory, could you please send your contact information to info@rainbowresourcetrecentre.org. Please use the template below.

Name of Individual/Business/Organization:
Description (one line):
Address:
Name(s) and position:
Phone:
Email address:
Website:
Where you would like to be listed in the directory

Listings in the Directory are in the following format:

Community Organizations
Education
  Individuals
  Organizations
Health
  Counselling and Therapy
  Groups and Organizations
Hospitality
  Cafes and Restaurants
  Hotels
  Organizations
Retail Businesses
  Adult Products
  Other businesses
Service providers
  Entertainment
  Home Renovations
  Legal
  Marriage Commissioners
  Massage
  Realtors
  Training
  Web design and Publishing
  Other services
Social Activities: Culture, Entertainment, Recreation, and Sports
Spiritual
  Affirming Ministries of the United Church of Canada
  Other Congregations
Unaffiliated Individuals
Community Organizations

**Manitoba LGBT* Chamber of Commerce**
The Manitoba LGBT* Chamber of Commerce exists to help build a strong Manitoba economy supported by, and supportive of, diverse communities. Our mission is to cultivate, contribute to and promote a thriving community of LGBT* owned and allied businesses, professionals and business students in Manitoba.
170 Scott St., Winnipeg
info@mb-lgbt.biz
mb-lgbt.biz

**Positive Spaces**
LGBT2SQ+ Senior Housing
170 Scott St, Winnipeg
John Kletke, chair
(204) 474-0212
ps@rainbowresourcecentre.org
www.rainbowresourcecentre.org

**Osborne Village Resource Centre**
A non-profit pre-employment centre dedicated to assist individuals prepare for a successful job search or career change.
Unit 1 - 107 Osborne Street
Kristina Lonstrup, Career Counsellor
(204) 989-6503
info@ovrc.ca
www.ovrc.ca

**Rainbow Resource Centre**
Rainbow Resource Centre provides support, education, and resources to foster a proud, resilient, and diverse LGBT2SQ+ community. Programs and services include counselling, workplace educational workshops, and social and support programming.
170 Scott Street
204-474-0212 ext 201
info@rainbowresourcecentre.org
www.rainbowresourcecentre.org

**United Way Winnipeg**
Team-building fun, inspiration-sparking experiences, pulling together for a better Winnipeg. 100% of your donation stays in Winnipeg.
580 Main Street
Joanne Patenaude – Senior Manager New Business Development
(204)924-4232
jpatenaude@unitedwaywinnipeg.mb.ca
https://unitedwaywinnipeg.ca/

**Outside Winnipeg**

**Brandon and Area PFLAG**
We are a member of PFLAG Canada, a support, education and advocacy group for LGBTIQ people and their families
C 1700 Pacific Avenue, Brandon R7A 7L9
Laura Crookshanks, coordinator
(204) 727-0417
crooks@wcgwave.ca
Website: we are listed on the PFLAG Canada website

**Pride Portage la Prairie**
A local movement in Portage la Prairie geared toward openly celebrating individuality, diversity, and community; standing up for human rights; and providing a safe, accepting environment for all people to be themselves.
Pride Portage Committee: Will Garrioch, chair; Callie Macarthur, member; Becky Rud, member; Kristen Trimble, member; Josh Wright, member/public relations
Email address: prideportagelaprairie@gmail.com
Website: http://www.facebook.com/prideportagelaprairie
Education

Individuals

Dr. Fenton, Assistant Professor, Recreation Management, University of Manitoba
LGBTQ Researcher
123 Frank Kennedy Centre, University of Manitoba
(204) 474.8412
fentonl@umanitoba.ca

Deborah McPhail, Assistant Professor, Community Health Sciences, University of Manitoba
S-108F Medical Services Building, 750 Bannatyne Ave
(204) 480-1352
deborah.mcphail@umanitoba.ca
http://umanitoba.ca/faculties/health_sciences/medicine/units/chs/faculty_and_staff/7880.html

Tracey Peter, Professor of Sociology, University of Manitoba
General research and publication interests include: issue of homophobia and transphobia / LGBTQ-inclusive education, mental health and well-being, and research methods / applied social statistics.
306 Isbister Building, University of Manitoba
(204) 474-9416
Tracey.Peter@umanitoba.ca

Dr. Donn Short, Professor of Law; Associate Dean of Research & Graduate Studies; Editor-in-Chief, Canadian Journal of Human Rights,
Robson Hall Faculty of Law, 224 Dysart Rd., Room 452, University of Manitoba R3T 2N2
(204) 474-6130
donn.short@umanitoba.ca
www.robsonhall.ca

Catherine G. Taylor, Ph.D. Acting Dean of Arts;
Professor of Rhetoric & Communications
Professor of Education; Director of the RISE Research Program on LGBTQ-inclusive Education
The University of Winnipeg
515 Portage Avenue (Office 3C18)
Winnipeg, Manitoba, Canada R3B 2E9
(204) 786.9893
c.taylor@uwinnipeg.ca
www.uwinnipeg.ca/rise

Organizations

Manitoba Association of Parent Councils (MAPC)
MAPC is a non-profit volunteer organization committed to supporting, promoting, and enhancing meaningful involvement of parents and caregivers within school communities, representing their voice to all educational stakeholders to improve the education and well-being of children in Manitoba.
1005 - 401 York Avenue Winnipeg MB R3C 0P8
(204) 956 1770
877 290 4702 (toll free)
Info@mapc.mb.ca
www.mapc.mb.ca

Rainbow Pride Mosaic (RPM)
The RPM is a University of Manitoba Students’ Union (UMSU) Community Group that proactively works to improve the quality of life at the U of M for the LGBTQ* community.
180 Helen Glass, 99 Curry Place Winnipeg, MB R3T 2N2
LGBTQ Representative
https://www.facebook.com/RainbowPrideMosaic/

UMQueer
UMQueer is a group of allies and LGBTQI*-identified faculty, staff and students working together to celebrate and advocate for diversity and inclusion at the University of Manitoba.
umqueer@umanitoba.ca
www.umanitoba.ca/umqueer
Health

Counselling and Therapy

Sexuality Consultants and Support Services Manitoba, Inc.
Clinical sexology and sex therapy
51 St. Anne's St., Unit E, Winnipeg, MB R2M 2Y4
Dr. Reece Malone, Sexologist, Sex Therapist, Sexuality Educator
(204) 471-8771
info@reecemalone.com
www.reecemalone.com / www.sextherapywinnipeg.com

Therapeutic Alliance
Individual & couples counselling, overcoming trauma, addictions recovery, teen counselling, Reiki, EMDR, & plant spirit medicines. All our therapists are sensitive and welcoming to gender diverse and sexually diverse communities.
201- 6 Roslyn Road
Kate Bloy, CEO
(204) 981-6031
info@therapeuticalliance.ca
www.therapeuticalliance.ca

Groups and Organizations

Big Brothers Big Sisters of Winnipeg
The P.R.I.S.M. (Pride, Respect, Identity, Safety, Mentoring) program is a community-based youth-mentoring program that matches LGBTQQ2IA* youth (ages 9-17) with mentors who identify as part of the LGBTQQ2IA* community.
532 Ellice Ave
(204) 988-9200
www.bigwinnipeg.com

Fort Garry Women's Resource Centre
FGWRC is a not for profit, feminist organization, that offers free support and services to all women. Our programs include information and referral, counselling, public education workshops and children's counselling.
1150A Waverley St
(204) 477-1123
info@fgwrc.ca
www.fgwrc.ca

Klinic Community Health
The Transgender Health Klinic provides specialized health care to transgender and gender diverse individuals living in Manitoba who are over 18 years old; with a primary focus on those seeking gender affirming surgery(ies).
870 Portage Avenue, Winnipeg Manitoba R3G 0P1
Clients can self-refer by calling (204) 784-4051.
http://klinic.mb.ca/health-care/transgender-health-klinic/

Mood Disorders Association of Manitoba
MDAM is a self-help organization dedicated to providing support, education, and advocacy for those living with mental health issues and illnesses.
100-4 Fort Street
(204) 786-0987
info@MoodDisordersManitoba.ca
MoodDisordersManitoba.ca

Nine Circles Community Health Centre
705 Broadway Ave
Winnipeg, MB R3G 0X2
Mike Payne, Executive Director
(204) 940-6000
ninecircles@ninecircles.ca
www.ninecircles.ca

Palliative Manitoba Volunteers
2109 Portage Avenue, Winnipeg, MB R3J 0L3
Carole Dufault, Volunteer Services Coordinator
(204) 889-8525 Ext. 226 (204)888-8874 Fax
cdufault2@palliativemanitoba.ca
Street Connections
Street Connections is a mobile public health service whose goal is to reduce the spread of sexually-transmitted and blood-borne infections (STBBIs), including hepatitis C and HIV, and reduce other drug-related harms.
Main Floor – 496 Hargrave Street
(204) 981-0742
outreach@wrha.mb.ca
www.streetconnections.ca

Winnipeg Sex Positive Culture
Winnipeg Sex Positive Culture is a group which promotes and embraces sexuality with few limits beyond an emphasis on safe sex and the importance of consent.
Griff - Founder and Executive Producer
info@winnipegsexpositiveculture.com
www.winnipegsexpositiveculture.com

Women’s Health Clinic
Reproductive health services including IUD insertion, birth control abortion, STI prevention and treatment, individual and group counseling for teens, women and non-binary individuals, health education, eating disorders prevention/recovery for adults of all genders, birthing/parenting supports, low-risk midwife-led births at The Birth Centre.
WHC Graham (419 Graham Ave.) The Birth Centre
(603 St. Mary’d Rd.)
(204) 947-1517
whc@womenshealthclinic.org
www.womenshealthclinic.org and
www.givewhc.com

WRHA Healthy Sexuality & Harm Reduction
Public Health team whose goal is to decrease the spread of sexually transmitted and blood-borne infections.
Main Floor – 496 Hargrave St.
(204) 940-2210
http://www.wrha.mb.ca/community/publichealth/services-healthy-sexuality.php
www.getsomecondoms.com
www.syphilismb.com

Outside Winnipeg
SERC (Sexuality Education Resource Centre MB)
Brandon LGBT2SQ+ Program
Unit C - 1700 Pacific Ave, Brandon, MB R7A 7L9
204-727-0417
Brandon@serc.mb.ca
Serc.mb.ca

Hospitality
Cafes and Restaurants
Crown Bar & Grill
A welcoming restaurant, bar & lounge
1030 McPhillips Street
Michael Solomon - General Manager
(204) 589-7314
info@fourcrowns.ca
www.fourcrowns.ca

Four Crowns Event Centre
Banquet Halls & Event Centre
1030 McPhillips Street
Michael Solomon - General Manager
(204) 589-7314
info@fourcrowns.ca
www.fourcrowns.ca

Joe Black Coffee Bar
Licensed coffee bar
2037 Portage Avenue
Gina Gerbasi, Owner
(204) 415-1660
info@joeblackcoffee.ca
joeblackcoffee.ca

St. James Burger & Chip Co.
A welcoming drive-in gourmet burger restaurant
1866 Ness Avenue
Ravi Ramberran
(204) 414-5599
contact@stjamesburger.com
www.stjamesburger.com
**Hotels**

**Alt hotel Winnipeg**
Located in the new Sports, Hospitality and Entertainment District (SHED)
310 Donald St, Winnipeg, MB, R3B 2H3
Shetal Bhalja; Business Development manager
(431) 800-4287
sbhalja@althotels.ca
http://www.althotels.com/en/winnipeg

**Fairmont Winnipeg**
With a heart of luxury Winnipeg’s premier hotel connects colleagues, guests and community with passion and pride!
2 Lombard Place, Winnipeg, Manitoba, Canada R3B0Y3
Neal Washington Jr, Director of Sales & Marketing
(204) 985-6207
neal.washington@fairmont.com
http://www.fairmont.com/winnipeg/

**Retail Businesses**

**Adult Products**

**Adam and Eve**
Specialty adult boutique
1574 St. James Street, Winnipeg, MB
(204) 779-6789
customerservice.winnipeg@adamevestores.ca
https://winnipeg.adamevestores.ca

**Love Nest**
Adult Boutique also Head Office for Company
Unit 80 - 1580 Taylor Avenue
Linda Zuzanski, President; Michele Ashe, VP Operations
(204) 256-8533
lovenest@lovenestonline.com
lovenestonline.com

**Organiizations**

**Assiniboine Park Conservancy**
The Assiniboine Park Conservancy is a private/public, not-for-profit, charitable organization with a mandate to develop, govern and manage the overall Park and its amenities.
55 Pavilion Crescent, Winnipeg, MB, R3P 2N6
Trevor Clearwater, Sr Director Business Development & Sales
(204) 927-6052
tclearwater@assiniboinepark.ca
www.assiniboinepark.ca

**Tourism Winnipeg**
Tourism Winnipeg is the city’s official destination marketing organization
810-One Lombard Place
Cody Chomiak, Director, Marketing
(204) 954-1960
cody@tourismwinnipeg.com
www.tourismwinnipeg.com

**Smitten**
Welcoming and safe space for those from all walks of life. Specializing in sex-positive products, education, Pride products and transgender products (now available online).
Unit 1, 658 18th Street, Brandon, MB, R7A 5B4
(204)727-2446
admin@mysmitten.ca
mysmitten.ca
Other businesses

AccuCare Canada Inc
AccuCare is a Compression Therapy clinic that specializes in providing the latest body shaping compression apparel and full body recovery technology to those individuals who lead active lifestyles. (Rainbow Resource Centre members receive 10% off all body/cosmetic/compression shaping apparel when they purchase online - use Promo code: RAINBOW10.)
Main Floor, 400 Tache Ave
Mel Cousins, Clinic Manager
(204) 237-1621 (24 hours)
info@accucarecanada.com
www.accucarecanada.com

Authentic Benefits Consulting
Employee Benefit Plan and Individual Insurance Needs
150 Sablewood Road
Kimberly McLarty President * Employee Benefits Specialist
(204) 487-1100
kmclarty@authenticbenefitsconsulting.ca
www.authenticbenefitsconsulting.ca

Beyond Flowers
Fresh floral design for every day and special events
163 Lilac St
Gloria Sawatzky & Deborah Woloshyn, Owners
(204) 477-5787
info@beyondflowers.ca
www.beyondflowers.ca

Chante Lingerie
Intimate items for men women and non-gender specific
255 Vaughan Street
Denise Prazinak
(204) 914-3110
chantelingerie@gmail.com
www.chantelingerie.co

Chocolate Zen Bakery
An LGBT owned/operated European-type bakery providing the freshest, tastiest pastries and tortes, many of which are gluten free and all of which are fabulously delicious.
553 Osborne Street South
Barbie, Co-Owner, Betty, Co-Owner/Pastry Chef, Doug, Co-Owner/Pastry Chef
(204) 287-2253
info@chocolatezenbakery.ca
www.chocolatezen.ca

Decadence Chocolates
Artisan chocolatier making small batch chocolates using fresh and natural ingredients
70 Sherbrook Street
Helen Staines - Owner/Chocolatier
(204) 772-4626
info@decadencechocolates.ca
decadencechocolates.ca

Época Haus
Mid century, modern and vintage furniture and home decor.
1318 Main St, Winnipeg, MB
Darlene Meisner and Maria Santos, owners
(204) 509-8818
epocahaus@gmail.com
www.epocahaus.com

Oh Doughnuts
Fresh gourmet doughnuts
326 Broadway
Amanda Kinden, owner
(204) 615-0802
info@ohdoughnuts.com
ohdoughnuts.com

pjVINTAGE
Curated vintage shop and rentals
301-290 McDermot Ave, Winnipeg, MB
Pieter Jongbloed, owner
(204) 390-1392
pj@pjvintage.com
www.pjvintage.com
Service Providers

Entertainment

Buff Bartenders
Handsome shirtless men will bartend, serve and help to host any gathering.
Winnipeg, MB
John James, Bookings/Inquiries
(204) 918-2387
BuffBartendersWpg@gmail.com
Like us on Facebook, follow @buffbartenders on Instagram

Clowns, Magicians & More
Manitoba’s top entertainment agency for family based entertainment for all venues including birthday parties, fairs, carnivals, store openings, bar/bat mitzvahs as well as schools and daycares.
980 Kimberly Avenue, Winnipeg, Manitoba
Kelly Golembiski - Owner
(204) 663-1000
smiles4u@shaw.ca
http://www.manitobamagic.com

The Sparkle Girls Glitter & Airbrush Tattoos & The WOW Factor Airbrush Face Painting
We professionally apply temporary glitter and airbrush tattoos, and airbrush face painting for all events.
79 Heather Road, Winnipeg, Manitoba
James or Beverly Grant, Owners/Operators
(204) 257-9702 or (204) 799-5099
glittertattoo@sparklegirls.ca
www.sparklegirls.ca

Legal

Sarah A. Inness
Criminal Defence Counsel
Campbell Gunn Inness Seib780-444 St. Mary Avenue Wpg, Man. R3C 3T1
(204)953-3690 Cell: (204)795-1573
Fax: (204) 953-3699
sinness@cgilaw.net
cgilaw.net

David Matas
Immigration and refugee law.
602-225 Vaughan Street Winnipeg, Manitoba R3C 1T7
(204) 944 1831
Fax: 1 204 942 1494
dmatas@mts.net

Home renovations

Design Painting and Renovation Services.
Interior painting and renovations: bathrooms, kitchens, basements.
Paul Sullivan, Owner
(204) 782-3427
Designx86@yahoo.com or on Facebook

MJ Roofing & Supply Ltd.
MJ Roofing has built a reputation with superior quality in the repair, replacement and maintenance of commercial roofs. Our mission is to help you control costs while extending the healthy life of your roof.
909 Jarvis Ave. Winnipeg, MB, R3Y 1M1
Larry Willman, CEO
(204) 586-8411
info@mjroofing.net
www.mjroofing.ca
LEGIT - Canadian Immigration for Same-sex Partners
A Canadian grassroots lobby and support group, run entirely by volunteers that provides assistance to Canadian citizens and permanent residents who want to bring their same-sex partners to Canada
1170 Bute Street, Vancouver, BC V6E 1Z6
legitvancouver@gmail.com
www.legit.ca

Marriage Commissioners

Marry Me, Hunnie
Marriage Commissioner, specializing in custom ceremonies
Sheryl Hunnie, owner
(204)771-6736
shunnie@mts.net
www.marrymehunnie.com

Shannon Jackson Marriage Commissioner Services
Proudly serving all couples of Winnipeg, MB and surrounding areas. It's your day; we do things your way- now let's get you married!
Shannon Jackson - Owner/Marriage Commissioner
(204) 782-3864
Shannon@marriagewinnipeg.ca
www.marriagewinnipeg.ca

Massage

MacSki Massage Therapy
Massage therapy focused on acute & chronic injuries & postural restrictions.
Unit 20-595 Clifton St.
Winnipeg Mb R3G 2X5
Nadine MacSki RMT & Owner.
204-918-2808
macskimassage@gmail.com
macskimassage.weebly.com

Motio Massage
A fully certified registered massage therapy business focusing on men’s health and wellbeing that offers basic therapeutic treatment, enhanced therapeutic treatments and mobile massage therapy, in order to create human connections and optimize human performance with the art and science of massage and aromatherapy.
69-333 St. Mary Ave.
Jordan Schimnowski RMT and owner
(204) 2926463
motiomassagetherapy@live.ca
www.motiomassagetherapy.ca

Thermëa by Nordik Spa-Nature
This relaxation and healing center is mainly focused on thermotherapy and relaxation techniques from Scandinavian countries.
775 Crescent Drive, Winnipeg, Manitoba, R3T 1X3
1-855-284-6868
Info@thermea.ca
www.thermea.ca

Tim Evans, R.M.T./ Feasey Chiropractic and Wellness Centre
Registered Massage Therapist for 21years+ specializing in medium to deep tissue / therapeutic / postural and structural work.
7-208 Marion Street, Winnipeg, MB R2H 0T6
Tim Evans, R.M.T.
Office: 204-237-0210 / Text: 204-295-4442
timevansmassage@gmail.com
timevansrmt.weebly.com

Tony Ngai Massage Therapy
Located in the south end of Winnipeg, relaxation and therapeutic massage services are offered with experience in sports injury and rehab. Direct billing and online booking through Facebook are also available.
80 Allendale Drive
Tony Ngai, owner and remedial massage therapist
(204) 261-0843
Zomb_infinity@hotmail.com
Realtors

Maximum Realty Ltd.
Buying and selling Real Estate Homes and Condos
99-1780 Wellington Avenue Winnipeg Mb R3H 1B3
Chris Krawchenko, Sales Person
(204) 291-1110
Email address:krawshaw@mymts.net

Mitchell Enns Group at RE/MAX performance realty
Realtor® with almost 40 years’ experience helping people sell and buy properties
942 St. Mary’s Road, Winnipeg, MB R2M 3R5
Clara Mitchell Enns, Realtor®
(204) 452-9627
clara@mitchellenns.com
http://mitchellenns.com/

Web Design and Publishing

Deep Desires Press
Publisher of romance, erotic romance, and erotica ebooks and print books.
Craig Gibb, Publisher
publisher@deepdesirespress.com
www.deepdesirespress.com

Design Services - DJs Helping DJs
Wizzard Design Services is a Winnipeg’s only media company that provides in-house printing services as well as graphic design, web design, website maintenance, social media management, & DJ Services.
337 Queen Street, Winnipeg, MB R3J-1K9
Michael Oliveira, Owner / Operator
(204) 999-2623
michaeloliveira@djwizzard.com
www.djwizzard.com

Training

Diversity Essentials
Diversity, inclusion, sex-positivity consultation and training for service providers
51 St. Anne’s Rd. Unit E, Winnipeg, MB, R2M 2Y4
(204) 471-8771
info@diversityessentials.com
www.diversityessentials.com

Eupraxia Training
Program planning and evaluation for not-for-profit, educational, and community organizations in the Prairie region
A133 Arlington Street
Margaret Roger, Principal
(204) 963-3489
mroger@eupraxiatraining.com
https://eupraxiatraining.com

Heart Beat Inc.
We do CPR, first aid and ASIST training. We also sell AED’s and first aid supplies and kits.
2 -1692 Dublin Avenue, Winnipeg MB R3H 1A8
John Kletke CEO
(204) 488-4439
johnm@heartbeatinc.ca
https://heart-beat-inc.myshopify.com/

Two-Spirited People of Manitoba Inc.
Provides education and training about Indigenous LGBTQ/Two-Spirit people.
Address: PO Box 29064, 333 St. Mary Ave.
Winnipeg, MB R3C 4L1
Albert McLeod, Co-Director
(204) 330-8671
twospiritedmanitoba@hotmail.com
www.twospiritmanitoba.ca

Dreamscape Cover Designs
Provides cover designs for ebooks and print books, as well as other graphic design projects and support. Dreamscape — the perfect cover for your Story Perfect indie production.
John Robin, Senior Editor
john@storyperfectediting.com
www.storyperfectediting.com

StationV
Website Design
129 Spence Street, Winnipeg, MB R3C 1Y2
Vic Hooper, owner
(204) 471-4736
vic@stationv.com
www.stationv.com
**Story Perfect Editing**
Provides a variety of editing services and packages to suit your project and your budget. Story Perfect — a new edge for indie publishers.
John Robin, Senior Editor
john@storyperfectediting.com
www.storyperfectediting.com

**Other Services**

**My Hair Closet**
Personalised Services for Wigs/Toppers/Extensions
26 Kindersley Drive, East St. Paul MB, R2E 1J3
Tara Linnington, Owner
(204) 791-9110 (cell, texts are welcome)
myhaircloset@shaw.ca
www.myhaircloset.ca (under construction)

**Norwind Interactive**
Software, IT and Computer Repair company
Unit 204 - 468 St. Anne's Road
Brandyn Engbrecht, Owner
(204) 202-1559
contact@norwind.ca
http://norwind.ca

**Out’n About Travel Inc**
Full service bilingual LGBT Supplier Diversity Certified travel agency.
11-600 Clifton St, Winnipeg, MB R3G 2X6
Linda R Burndorfer, Owner
(204) 985-9200
agent@outnabouttravel.com
www.outnabouttravel.com

**REBIN Group, Inc.**
Empowers people to get paid to live the life they desire. Serves marginalized, at risk and vulnerable people including members of the rainbow (LGBT+) community.
438 Rouge Road, Winnipeg, MB, R3K 1K4
David Elliott, President and CEO
(204) 888-0451
david.elliott@REBINgroup.Com
https://www.REBINgroup.Com

**Stephen's Tuning & Tech Service**
Piano tuning and repairs for the Winnipeg and Interlake regions
406 Moody Ave., Selkirk, MB R1A 0E8
Stephen Cocks, owner
(204) 481-7658
stephen.cocks@gmail.com
www.stephenstuning.ca

**TD Bank Group**
Canadian multinational banking and financial services corporation. #ForeverProud
201 Portage Ave (Concourse Level), Winnipeg, MB R3B 3K6
Jeff Myall – LGBTQA Regional Lead, Manitoba
(204) 988-2811 x265
jeff.myall@td.com

**UpHouse Inc.**
UpHouse™ is a marketing agency that elevates in-house teams and the brands they promote. We work collaboratively with clients to invigorate their brand, create achievable marketing plans and cultivate the skills of their creative people.
705 - 70 Arthur Street, Winnipeg, MB R3B 1G7
Alex Varricchio, Co-Owner
(204) 995-5965
alex@uphouseinc.com
www.uphouseinc.com

**URBÀNiKZ i.d.s.**
Professional Interior Design services for corporate, educational, hospitality, institutional and multi-family housing projects.
202-3657 Roblin Boulevard, Winnipeg, MB R3R 0E2
Bradley J. Curran, Principal
(204) 942-3060
bradley@urbanikz.com
www.urbanikz.com
**Social Activities: Culture, Entertainment, Recreation, and Sports**

**Club 200**  
Winnipeg’s only gay owned and operated nightclub, offering a full-service restaurant, VLT’s, drag shows, go go dancers and the city’s best DJs. Open 7 Days a week at 4 PM.  
190 Garry Street  
Allen Morrison - Owner/Manager  
(204) 943-6045  
club200@mts.net  
www.club200.ca

**Forum Art Centre (Institute)**  
Registered charity providing Everything Art including art classes, workshops & events since 1964.  
Eugenie Street, Winnipeg, MB, R2H 0X7  
Daryl Dumanski, Executive Director  
(204) 235-1069  
forumart@shaw.ca; daryl@forumartcentre.com  
http://www.forumartcentre.com

**Horace Luong Strictly Ballroom**  
Horace Luong Strictly Ballroom offers ballroom dance classes (standard and Latin styles) taught by a nationally certified ballroom dance instructor.  
Horace Luong, Owner  
204-887-4782  
wpgballroom@gmail.com  
http://www.horaceluong.com/hlsb

**LACE (Lesbians for Arts, Culture, and Entertainment)**  
For women "of a certain age" who would like to meet as a group for occasional dinners, movies, theatre, and other entertainment events. Sports and leisure-related information is cross-posted from time to time.  
https://lacewinnipeg.wordpress.com. If you select "Follow" (mid-right-hand side) you’ll get regular updates from the organizer.

**Manitoba Randonneurs**  
Welcoming and encouraging long-distance cycling club.  
782 Main St, Winnipeg, MB R2W 3N4  
Sam Ehlers, Organizer  
(204) 451-2511  
sm@manitobarandonneurs.ca  
www.manitobarandonneurs.ca

**Martha Street Studio aka The Manitoba Printmakers Association Inc.**  
Artist-run, non-profit centre providing production facilities for practicing printmakers and education in and access to the print arts for everyone through sales, exhibitions, artist talks, digital printing services and training in a variety of printmaking methods.  
11 Martha Street, Winnipeg, Manitoba R3B 1A2  
204-779-6253  
askmartha@printmakers.mb.ca  
printmakers.mb.ca

**Out There Winnipeg**  
Out There Winnipeg (OTW) provides a healthy, inclusive, accessible and safe space for adult folks of the LGBTTQ* community and allies to meet, socialize, be active and have fun! Our sport and recreation activities include both cooperative and competitive environments that cater to everyone regardless of experience or skill level!  
Name(s) and position: Chris Voth - Chair, Kelsey Lambert - Vice Chair, Thomas Novak - Vice Chair  
info@outtherewinnipeg.ca  
www.outtherewinnipeg.ca

**Rainbow Harmony Project**  
Winnipeg’s LGBTQ2* community choir  
c/o Rainbow Resource Centre, 170 Scott St,  
Winnipeg, MB R3L 0L3  
Justin Odwak, Artistic Director; Brittany Mielnichuk, Assistant Director; Jenny Steinke-Magnus, President  
rhp@rainbowharmonyp.ca  
www.rainbowharmonyp.ca
REEL PRIDE Film Festival
The oldest LGBTTQ* film festival in Canada happening October 9th to 14th
CO The Gas Station Arts Centre 445 River Ave R3L 0Cd3
Barb Burkowski, President reelpride@outlook.com reelpride.org

Spiritual

Affirming Ministries of the United Church of Canada

Augustine United Church
First United Church Affirming Congregation in Canada (1994)
444 River Ave., Winnipeg R3L 0C7
Church Office Administrator (204) 284-2250
augustineuc@mymts.net
augustineunitedchurch.org

Churchill Park United Church
525 Beresford Ave, Winnipeg, R3L 1J4
(204) 452-8561
office@churchillparkunited.ca
https://www.churchillparkunited.ca/

Fort Garry United Church
We are a welcoming affirming church offering many programs & services to the community.
800 Point Road, Winnipeg, MB R3T 3L8
(204) 475-1586
fguc@shaw.ca
www.fortgarryunitedchurch.ca
https://www.facebook.com/fortgarryunitedchurch

St. Andrew’s River Heights United Church
An affirming congregation of the United Church located in River Heights
255 Oak St, Winnipeg, MB, R3M 3P7
(204) 488-1130
office@standrewsriverheights.com
http://standrewsriverheights.com/

St. Mary’s Road United Church
An Affirming Ministry with both Contemporary and Traditional Worship Services
613 St. Mary’s Road, Winnipeg
Twila MacNair: Chair of the Affirm Team (204) 257-0678
office@stmarysroad.ca
StMarysRoad.ca

The United Church in Meadowood
We are a community in South St. Vital that seeks to walk in the way of Jesus, and as the 100th congregation to become an Affirming ministry in Canada we are proud and pleased to welcome and serve all people regardless of sexual orientation and gender identity.
1111 Dakota Street, Winnipeg, MB, R2N 3T7 (204) 256-7002
ucm@ucim.org
www.ucim.org

Young United Church
100-222 Furby Street, Winnipeg, MB R3C 2A7
Tim Higgins, Leadership Facilitator (204) 783-0128
yuc@mts.net
youngunitedchurch.com

Other Congregations

Bethel Mennonite Church
Loving God, each other and our neighbours
465 Stafford Street, Winnipeg.
Darrel Toews, Lead Pastor 204.453.2199
darrel@bethelmennonite.ca
bethelmennonite.ca

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Loving God, each other and our neighbours
465 Stafford Street, Winnipeg.
Darrel Toews, Lead Pastor 204.453.2199
darrel@bethelmennonite.ca
bethelmennonite.ca
Charleswood Mennonite Church
We are a Mennonite congregation seeking to acknowledge the image of God in every person including those of every gender identity and sexual orientation. We invite all to participate in our congregation's practices such as baptism, church membership, church leadership, and marriage. We lament the prejudice and discrimination found in society and the church, and we commit to holding each other accountable to the teachings and example of Jesus Christ.
699 Haney St., Winnipeg, MB, R3R 0Y7
Jeff Friesen, Pastor
(204) 837-7982
jeff.friesen@charleswoodmennonite.ca
www.charleswoodmennonite.ca

Congregation Shaarey Zedek
A conservative, egalitarian, LGBTQ* affirming Jewish congregation, a welcoming organization, and a safe place for all people, the LGBTQ* community, their allies, Jews and non-Jews.
561 Wellington Crescent, Winnipeg, Manitoba, R3M 0A6
Ian Staniloff, Executive Director
(Direct Line: (204) 975-3482 ian@szwinnipeg.ca)
(204) 452-3711
hello@szwinnipeg.ca
www.szwinnipeg.ca
Facebook: @ShaareyZedekWinnipeg
YouTube: @SZWinnipeg

First Mennonite Church of Winnipeg
In keeping with our vision to be instruments of God’s grace and our mission to minister to human beings with love and compassion, First Mennonite Church of Winnipeg commits to being a safe, welcoming and inclusive community for all persons who gather here. We celebrate the image of God in persons of every ability, age, race, gender and sexual orientation.
922 Notre Dame Ave. Winnipeg, MB R3E 0M9
Rev. Kathy Koop, Leading Minister
(204) 772-2419
fmc@mymts.net
http://firstmennonitechurch.ca/

Grain of Wheat Church-Community
We are an ecumenical, affirming church-community in Winnipeg's West End.
365 McGee St., Winnipeg, MB, R3G 3M5
Tessa N. and Linda D., Servant Leaders
gowleadership@gmail.com
http://www.grainofwheat.ca/

Home Street Mennonite Church
We are a Christian congregation that welcomes all people, regardless of race, income, family status, gender identity, or sexual orientation.
318 Home Street, Winnipeg, MB R3G 1X4
Judith Friesen Epp and Phil Campbell-Enns, pastors
(204) 783-1721
administrator@hsmc.ca
www.hsmc.ca

Hope Mennonite Church
101-222 Furby St, Winnipeg (Crossways In Common)
Lynell Bergen, Pastor
(204) 786-5077
office@hopemennonite.ca
www.hopemennonite.ca

Rady Jewish Community Centre/Anakhnu / Chofshi Jewish LGBTQ Groups
Rady JCC facilitated groups. Opportunities for Jewish LGBTQ individual, families and friends to socialize, gain information and share ideas in a welcoming and inclusive Jewish environment.
B100-123 Doncaster, Winnipeg, MB. R3N 2B3
Tamar Barr, Assistant Executive Director, Rady JCC
(204) 477-7537
tbarr@radyjcc.com
www.radyjcc.com

Winnipeg Monthly Meeting (Quakers)
Religious Society of Friends practice silent worship every Sunday morning at 10:45
145 Maryland St.
Jim Chapryk, Clerk
(204) 589-2559
winnipegquakers@gmail.com
http://quaker.ca/meeting/winnipeg-monthly-meeting/
https://winnipegquakermeeting.edublogs.org/
Outside Winnipeg

Knox United Church
An affirming ministry of the United Church of Canada
451 - 18th Street Brandon, MB R7A 5A9
(204) 727-6975
Fax: (204) 727-5964
knoxchurch@wcgwave.ca

Minnedosa United Church
An Affirming church that welcomes everyone no matter their sexual orientation or gender identification.
48 Main Street South PO Box 692 Minnedosa MB R0J 1E0
(204) 867-2674
mdsauc@mymts.net
www.minnedoauc.ca

Trinity United Church
An Affirming Ministry of the United Church of Canada
15 Tupper Street South, Portage la Prairie, MB R1N 1W7
(204) 857-4471
trinityu@mts.net
trinityunitedportage.ca

Unaffiliated Individuals

David Elliott
438 Rouge Road, Winnipeg, MB, R3K 1K4
(204) 888-0451
david.elliott@shaw.ca

Peter Friesen
Canadian Mennonite University
Campus Host (part-time); Music Therapy student (part-time)
(204) 998-1915
pfriesen@live.ca