



## ABOUT US

Rainbow Resource Centre provides a spectrum of support for Winnipeg's 2SLGBTQ+ community. Anchored by our Youth Program and Over the Rainbow Program (55+), we offer free short-term counselling, volunteer-led social support groups, classroom and GSA education/outreach, and diversity and inclusion training and consultations for workplaces.

## OUR MISSION

Rainbow Resource Centre nurtures inclusive spaces for 2SLGBTQ+ communities to thrive.

## OUR VISION

A society in which diverse sexual and gender identities, orientations, and expressions are included, valued, and celebrated

## LAND ACKNOWLEDGEMENT

Rainbow Resource Centre is located on Treaty 1 Territory, original lands of the Anishinaabe, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Métis Nation. We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous and Two-Spirit communities in a spirit of reconciliation and collaboration

## LOCATION

170 Scott Street, Winnipeg, MB, R3L 0L3  
Please note that in Spring/Summer 2023 we will be moving to our **new location** at 545 Broadway, Winnipeg, MB R3C 0W3

## HOURS OF OPERATION

**Monday to Thursday:**

10:00 AM - 12:30 PM

1:30 PM - 5:00 PM

**Friday - Sun:** Closed

## ACCESSIBILITY

Our front door has a ramp and powered door, and from here, all main floor spaces are accessible. One of our washrooms is more suitable for larger wheelchairs. Some fluorescent lighting is used throughout the building.



**50**  
YEARS  
**1973-2023** | **RAINBOW  
RESOURCE  
CENTRE**

## EDUCATION & TRAINING

Ph: 204-474-0212 | Fax: 204-478-1160  
[www.rainbowresourcecentre.org](http://www.rainbowresourcecentre.org)  
[info@rainbowresourcecentre.org](mailto:info@rainbowresourcecentre.org)



## GUIDING PRINCIPLES

Rainbow Resource Centre's DEI workshops, presentations, consultations, and other events are guided by the following advocacy principles:

- Prioritize the safety of 2SLGBTQ+ individuals
- Centre the experiences of 2SLGBTQ+ individuals
- Uplift the voices of 2SLGBTQ+ individuals

We reserve the right to guide conversations and participation with these focuses, despite possible discomfort for non-2SLGBTQ+ individuals.

## DEI WORKSHOPS

### **2SLGBTQ+ Awareness, Inclusion and Affirmation:**

This 3-hour workshop will enhance your organization's capacity to create and maintain safe(r) and more inclusive spaces for all staff, clients/customers, and other stakeholders. Through explanations, videos, testimonials, and group discussions, participants will learn how to better support the 2SLGBTQ+ people they interact with.

**Custom Workshops:** We are happy to provide training about 2SLGBTQ+ people with a specific focus that meets your needs. Please inquire about your specific request. Some possibilities may include:

- Creating Positive Change in Medical Environments
- Addressing the Mental Health Inequities for 2SLGBTQ+ People
- 2SLGBTQ+ History (Global; Canadian; or Manitoban)
- Incorporating 2SLGBTQ+ Perspectives into Sexual Health Education

## EDUCATORS + SCHOOLS

### **Awareness, Inclusion, and Affirmation in Schools:**

This 3-hour workshop will help guide school teachers, educational assistants, staff, and administrators in creating safe(r), more inclusive schools and classrooms. They will address the present experiences, barriers, and realities of 2SLGBTQ+ youth in schools, and learn how they can use their role as part of the school community to make positive and meaningful changes. While covering topics such as 2SLGBTQ+ identities, discrimination, and intersectionality, our goal is to be as thought-provoking and informative as possible.

### **Awareness, Inclusion, and Affirmation for University Student Educators:**

This 3-hour workshop will help guide education students currently in university who are working to become teachers, educational assistants, staff, and administrators in creating safe(r), more inclusive schools and classrooms. We will address the present experiences, barriers, and realities of 2SLGBTQ+ youth in schools, and learn how they can eventually use their role as part of the school community to make positive and meaningful changes.

**Supporting 2SLGBTQ+ Youth:** This 3-hour workshop is for organizations who provide services to young people and for families with 2SLGBTQ+ youth. We tailor the information to help you learn about sex assigned at birth, gender identity, gender expression, attraction, and cultural identities in the context of your needs. Uncover the challenges, barriers, and discrimination for 2SLGBTQ+ youth and discover what you can be doing to create positive change & safe(r) more inclusive spaces for youth.

### **GSA — How to Start, Maintain, & Sustain**

Done as either a relaxed Q&A session with info about Rainbow Resource Centre's program and services available to youth, or as a more formal presentation, we talk about how GSAs are designed to create and provide a safer environment for students to meet, socialize, educate, and support one another. We can discuss how to generate interest, gain members, and share all the different ways to make the group a benefit to not only 2SLGBTQ+ youth and allies, but to all within the school community.

## ADDITIONAL SERVICES

### **For Workplaces:**

- Policy Consultation and Review
- General Consultation & Support

### **For Schools:**

- GSA Workshop/Visit
- Consultations (e.g. physical space walk-through, Policy & Procedure review)
- General Advocacy & Support (e.g. concerns within school, student rights, resources, links, videos, lesson plans, etc. to support further education)

## PRICING AND BOOKING

For information on pricing and booking, please visit:

**<https://rainbowresourcecentre.org/dei-workshops/pricing-and-booking>**

Workshop request forms can be filled out here:

**<https://rainbowrc.wufoo.com/forms/rainbow-resource-centre-workshop-request-form/>**